

SUN	MON	TUE	WED	THUR	FRI	SAT
	1:30 PM Theraband Exercise (CC) 1 4:00 PM Writers Group (Tower 351) 7:00 PM Movie (CC)	10:00 AM Chair Yoga with Penney (Tower 351) 2 2:00 PM Balance Class (CC) 4:00 PM 801 Singers (LG)	1:30 PM Theraband Exercise (CC) 3 4:00 PM Book Club (Hallmark 501) 6:45 PM Sherlock Holmes and the Jersey Lily (Alley Theatre) 7:00 PM Movie (CC)	May the 4th be with you 4 10:00 AM Chair Yoga (**TOWER 351**) 11:00 AM Communion with St. Michael (Chapel) 2:00 PM Balance Class (CC) 3:30 PM Bible Study with Janie Putman (CC) 7:00 PM Movie (CC)	Cinco de Mayo 5 10:30 AM Fireside Chat (CC) 1:30 PM Theraband Exercise (CC) 2:00 PM "Hand and Foot" (Tower 351) 4:00 PM Mariachis: Raul Medina (LG) 7:00 PM Movie (CC)	10:30 AM Stitchery (LG) 6 11:00 AM The Coronation of A New King (CC) 8:00 PM Houston POPS (CC)
10:30 AM Come Sing Hymns with us (LG) 7 11:15 AM St. Martins Sunday Service (CC) 2:10 PM Rachmaninoff Concert (St. Philip Pres. Church) 7:00 PM Movie (CC)	1:30 PM Theraband Exercise (CC) 8 4:00 PM ARTitulating with Wendy Adler (CC) 7:00 PM Movie (CC)	10:00 AM Chair Yoga with Penney (Tower 351) 9 11:00 AM Worship with St. Philip Pastors (Memory Care) 2:00 PM Balance Class (CC) 4:00 PM 801 Singers (LG)	10:30 AM Communion with St. Martins (Chapel) 10 1:30 PM Theraband Exercise (CC) 7:00 PM Movie (CC)	10:00 AM Chair Yoga (**TOWER 351**) 10:00 AM Fire Drill (your apartment) 11 11:00 AM Communion with St. Michael (Chapel) 1:00 PM Jim Connors sings Irving Berlin (CC) 2:00 PM Balance Class (CC) 3:30 PM Bible Study with Janie Putman (CC)	10:00 AM Bisel Hearing Aids (LB) 12 1:30 PM Theraband Exercise (CC) 2:00 PM "Hand and Foot" (Tower 351) 7:00 PM Movie (CC)	10:30 AM Stitchery (LG) 13 7:00 PM Movie (CC)
Mother's Day 14 10:30 AM Come Sing Hymns with us (LG) 11:15 AM St. Martins Sunday Service (CC) 1:30 PM Kataoka Violin School (CC) 7:00 PM Movie (CC)	11:00 AM Houston Symphony (CC) 15 1:30 PM Theraband Exercise (CC) 4:00 PM Poetry Hour (**Tower 351**) 7:00 PM Movie (CC)	10:00 AM Chair Yoga with Penney (Tower 351) 16 2:00 PM Balance Class (CC) 4:00 PM 801 Singers (LG)	11:00 AM Communion with St. John the Divine (Chapel) 17 1:30 PM Theraband Exercise (CC) 4:00 PM Carl Rench talks BEES (CC) 7:00 PM Movie (CC)	10:00 AM Chair Yoga (**TOWER 351**) 11:00 AM Communion with St. Michael (Chapel) 18 2:00 PM Balance Class (CC) 3:30 PM Bible Study with Janie Putman (CC) 7:00 PM Movie (CC)	11:00 AM Musically Speaking with Rochelle Cooper (CC) 19 1:30 PM Theraband Exercise (CC) 2:00 PM "Hand and Foot" (Tower 351) 7:00 PM Movie (CC)	10:30 AM Stitchery (LG) 20 2:00 PM "The Play that Goes Wrong" (AD Players) 7:00 PM Movie (CC)
10:30 AM Come Sing Hymns with us (LG) 21 11:15 AM St. Martins Sunday Service (CC) 4:30 PM "Beat the Clock" (Kenny & Ziggys) 7:00 PM Movie (CC)	8:00 AM RX Collection (Mailroom) 22 11:00 AM Katherine Center (CC) 1:30 PM Theraband Exercise (CC) 7:00 PM Movie (CC)	10:00 AM Chair Yoga with Penney (Tower 351) 23 2:00 PM Balance Class (CC) 4:00 PM 801 Singers (LG)	1:30 PM Theraband Exercise (CC) 24 4:30 PM Birthday Happy Hour (CC) 7:00 PM Movie (CC)	10:00 AM Chair Yoga (**TOWER 351**) 11:00 AM Communion with St. Michael (Chapel) 25 2:00 PM Balance Class (CC) 3:30 PM Bible Study with Janie Putman (CC) 7:00 PM Movie (CC)	1:30 PM Theraband Exercise (CC) 26 2:00 PM "Hand and Foot" (Tower 351) 7:00 PM Movie (CC)	10:30 AM Stitchery (LG) 27 7:00 PM Movie (CC)
10:30 AM Come Sing Hymns with us (LG) 28 11:15 AM St. Martins Sunday Service (CC) 1:15 PM Ballet: "Divergence" (Wortham Theatre) 7:00 PM Movie (CC)	Memorial Day 29 1:00 PM RAY ROGERS salutes ... (CC) 1:30 PM Theraband Exercise (CC) 7:00 PM Movie (CC)	10:00 AM Chair Yoga with Penney (Tower 351) 30 2:00 PM Balance Class (CC) 4:00 PM 801 Singers (LG)	1:30 PM Theraband Exercise (CC) 31 7:00 PM Paul English Quartet (CC)	LOCATION KEY CC - Community Center LB - Library LG - Lounge		

May 2023

The Hallmark